

2005 Classic Lake Boys Conference Championships

Armstrong High School May 17-18, 2005

TEAM SCORES

1 Minnetonka	151
2 Edina	125
3 Armstrong	116
4 Wayzata	111
5 Hopkins	88
6 Cooper	61
7 St. Louis Park	45

100 Meter Dash

1 Jalon Hopkins, 11, Minnetonka	11.34
2 Domonique Gilmer, 11, Armstrong	11.39
3 Austin Becker, 11, Minnetonka	11.57
4 Jason Carlson, 11, Armstrong	11.58
5 Scott Brink, 12, Hopkins	11.59
6 Darwin Dean, 11, Wayzata	11.65
7 Arsenio Richardson, 12, St. Louis Pk	11.71
8 Donald Rollins, 10, Cooper	11.75

200 Meter Dash

1 Tyler Bucholz, 11, Cooper	22.98
2 Austin Becker, 11, Minnetonka	23.13
3 Aresnio Ricahrdson, 12, St. Louis Pk	23.22
4 Donald Rollins, 10, Cooper	23.30
5 Jalon Hopkins, 11, Minnetonka	23.70
6 Aaron Juneau, 12, Minnetonka	23.78
7 Zach Dahl, 11, Edina	23.85
8 Tim Cornish, 11, Wayzata	24.22

400 Meter Dash

1 Austin Becker, 11, Minnetonka	50.93
2 Chris Witchger, 11, Edina	51.58
3 Brent Lindbery, 12, Hopkins	51.71
4 Don Schaefer, 10, Minnetonka	52.38
5 C J Barr, 11, Edina	52.67
6 Paris Richardson, 11, Wayzata	53.05
7 Christopher Kanan, 11, Minnetonka	53.25
8 Tyler Bucholz, 11, Cooper	53.29

800 Meter Run

1 Thomas Walthour, 12, Edina	2:01.34	H3
2 Doug DeBold, 10, Hopkins	2:01.79	H3
3 Emmu Wakai, 7, Armstrong	2:03.50	H3
4 Mike Mueller, 10, Hopkins	2:03.99	H3
5 Brandon Lewis, 10, Armstrong	2:04.02	H3
6 Charlie Herrmann, 11, Minntnka	2:04.41	H3
7 Michael Roden, 12, Minnetonka	2:07.24	H2
8 Alex Florea, Edina	2:07.66	H2

1600 Meter Run

1 T C Lumbar, 10, Edina	4:25.52
2 Nick Bock, 11, Edina	4:26.80
3 Tom Burke, 10, Edina	4:31.45
4 Josh Dejung, 11, Edina	4:31.66
5 Chad Riddersen, 12, Minnetonka	4:34.82
6 Chris Nordstrom, 12, St. Louis Park	4:35.16
7 Josh Gerber, 11, Wayzata	4:35.42
8 Danny VanOrsdel, 11, Hopkins	4:36.00

3200 Meter Run

1 Mike Krisch, 12, Hopkins	9:28.19
2 T C Lumbar, 10, Edina	9:29.16
3 Tom Burke, 10, Edina	9:48.89
4 Chad Riddersen, 12, Minnetonka	9:55.24

5 Josh Gerber, 11, Wayzata	9:56.77
6 Mike Mommsen, 11, St. Louis Park	9:57.06
7 Josh Dejung, 11, Edina	9:59.61
8 Jon Lambert, 10, Wayzata	10:06.17

110 Meter Hurdles

1 Zachary Turner, 12, Wayzata	15.10
2 Alex Murrell, 12, Minnetonka	15.28
3 Julian Hamilton, 12, Armstrong	15.40
4 Cameron Roemhildt, 11	15.86
5 Preston Schlegel, 10, Hopkins	16.05
6 Pearlson Omesa, 11, Cooper	16.10
7 Joshua Grubbs, 11, Cooper	16.42
8 Joseph Ubani, 12, Armstrong	16.68

300 Meter Hurdles

1 Dan Koenig, 11, Armstrong	41.88
2 Ben Zweber, 11, Wayzata	42.33
3 Joshua Grubbs, 11, Cooper	43.12
4 Preston Schlegel, 10, Hopkins	43.38
5 J D Reisner, 10, Cooper	44.09
6 Pearlson Omesa, 11, Cooper	44.73
7 Brian Lambert, 11, Hopkins	45.75
Alex Murrell, 12, Minnetonka	DQ

4x100 Meter Relay

1 Minnetonka, Minnetonka	44.12
2 Hopkins, Hopkins	44.28
3 Armstrong, Armstrong	44.57
4 Wayzata, Wayzata	44.63
5 Cooper, Cooper	45.21
6 St. Louis Park, St. Louis Park	46.72
7 Edina, Edina	46.87

4x200 Meter Relay

1 St. Louis Park, St. Louis Park	1:31.95
2 Armstrong, Armstrong	1:31.99
3 Cooper, Cooper	1:32.13
4 Wayzata, Wayzata	1:32.62
5 Edina, Edina	1:35.07
6 Hopkins, Hopkins	1:35.36
7 Minnetonka, Minnetonka	1:35.37

4x400 Meter Relay

1 Edina, Edina	3:28.91
2 Armstrong, Armstrong	3:29.98
3 Minnetonka, Minnetonka	3:31.13
4 Hopkins, Hopkins	3:31.24
5 St. Louis Park, St. Louis Park	3:35.99
6 Wayzata, Wayzata	3:36.12
7 Cooper, Cooper	3:52.36

4x800 Meter Relay

1 Hopkins, Hopkins	8:08.22
2 Edina, Edina	8:14.65
3 Wayzata, Wayzata	8:26.77
4 Minnetonka, Minnetonka	8:37.26
5 Armstrong, Armstrong	8:42.21
6 St. Louis Park, St. Louis Park	9:02.58
7 Cooper, Cooper	9:04.25

Long Jump

1 Alex Murrell, 12, Minnetonka	21-4 1/2
2 Brent Lindbery, 12, Hopkins	20-2
3 Ben Stein, 12, Edina	20-2
4 Julian Hamilton, 12, Armstrong	20-1 1/2
5 Gary Pease, 12, Wayzata	19-6 1/4
6 Stu Pease, 10, Wayzata	19-1 1/2
7 Mitchell Stanko, 11, Cooper	19-0
8 Pearlson Omesa, 11, Cooper	18-10 1/2

Triple Jump

1 Julian Hamilton, 12, Armstrong	42-6
2 Brian Lambert, 11, Hopkins	42-2
3 Bryan Bratt, 11, Wayzata	40-10
4 Gary Pease, 12, Wayzata	40-3
5 Chris Pfeifer, 12, Edina	39-11
6 Michael Ristvedt, 11, Minnetonka	39-7 3/4
7 Cameron Roemhildt, 11, Minnetonka	39-6 3/4
8 Mike Porter, 12, Wayzata	38-6 3/4

Shot Put

1 Mark Peterson, 12, Edina	49-10 1/2
2 Shane Roach, 12, Minnetonka	49-9 1/4
3 Ben Stein, 12, Edina	46-11 1/2
4 Sam Laudner, 12, Wayzata	46-11
5 Jonathan Charest, 11, Wayzata	45-7 3/4
6 Benjamin Dimond, 11, Minnetonka	44-8
7 Sean Kunde, 12, St. Louis Park	44-6
8 Timothy Kane, 12, Hopkins	44-3 3/4

Discus Throw

1 Chris Wagener, 12, Wayzata	132-5
2 Shane Roach, 12, Minnetonka	128-10
3 Sean Kunde, 12, St. Louis Park	128-6
4 Ben Stein, 12, Edina	124-6
5 Michael O'Meara, 11, Minnetonka	121-10
6 Kevin Iriho, 11, Armstrong	119-4
7 Jamison Rybak, 10, Cooper	118-0
8 Jeffrey Curtis, 12, Cooper	117-8

High Jump

1 Julian Hamilton, 12, Armstrong	6-6
2 Zachary Turner, 12, Wayzata	6-2
3 Ben Zerman, 12, Wayzata	6-1
4 Jay Diebold, 10, Minnetonka	6-1
5 Cameron Roemhildt, 11, Minnetonka	5-11
6 Joe Westlin, 11, St. Louis Park	5-11
7 Tyler Bucholz, 11, Cooper	5-11
8 Donald Rollins, 10, Cooper	5-11

Pole Vault

1 Ross Werner, 11, Armstrong	13-3
2 Brandon Johnson, 11, Armstrong	13-3
3 Antonio Stringham, 12, Wayzata	12-9
4 Derek Olsund, 12, Armstrong	12-3
5 Ben Michel, 11, Wayzata	12-3
6 Christopher Miles, 11, Cooper	11-9
7 Tyler McCall, 12, Minnetonka	11-9
8 Mike Hayes, 10, Minnetonka	10-9

Notes: Minnetonka was coached by Chris Cohen.